



# EW Senior Center Newsletter

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November, 2012  
Volume 5

## Tri-Town Travelers Announce Trips for 2013

The Tri-Town Travelers have announced the trips which are scheduled for 2013! There are ten trips scheduled beginning in January. As you may be aware, the Tri-Town Travelers is a group of senior travelers from East Windsor, Windsor Locks and Ellington. The first trip in October was a great success! We look forward to the trip opportunities for our senior population to enjoy in the upcoming year. All flyers and general information regarding each trip can be obtained in the office or online on the Town of East Windsor website. The following trips are scheduled for 2013!

- January – Million Dollar Quartet/Chowder Pot
- March – Munch Out of Manhattan
- April – West Point Dress Parade
- May – Texas Tenors at Foxwoods
- June – Rhode Island Lighthouse Cruise
- July – Schooner Argia
- August – CT Dixieland Cruise
- September – Deana & Ricci Martin at Foxwoods
- October – Roger Williams Zoo/Gepettos
- December – Elizabeth Von Trapp/Spfld Symphony Hall

# Christmas Lights and Town wide Holiday Light Contest

The East Windsor Senior Center will be traveling to Forest Park on Thursday, December 13, 2012 to view Bright Nights. The bus will leave the Center at 3:00 p.m. and will return at 7:00 p.m. Beverages and snacks will be provided! Come join the fun and view the lights!!

On Tuesday, December 18, 2012, the East Windsor Senior Center will participate in the Town wide Holiday Light Contest. The bus will leave the Center at 4:00 p.m. Before the viewing of the lights, the Senior Center will be going to dinner at Sofia's. Following dinner, the bus will drive around town to view the holiday lights and the judging will begin!



## Holiday Shopping Days!

'Tis the season, holiday shopping! The Senior Center will be traveling to area shopping outlets for your holiday shopping needs. Those shopping outlets are Christmas Tree Shops, Evergreen Walk/Buckland Mall and Enfield Square. Please see your calendar for complete details!

## EW Students to Perform for Seniors

Students at the Broad Brook Elementary School will be performing a Christmas Concert for the seniors on Friday, December 14, 2012 at 2:00 p.m. The bus will be leaving the Center at 1:45 p.m. The elementary students are very excited about performing and will have cookies and coffee for the seniors to enjoy! Students of EW High School Concert Choir and Jazz Band will perform at the Senior Center on Thursday, December 20, 2012 at 11:15 a.m. Please join us in welcoming the students!

## MONTHLY ACTIVITIES/PROGRAMS

There are a number of monthly programs that take place at the Senior Center. Please consult our monthly calendar for dates and times or our staff if you have any questions! Those programs are:

- Focus Group
- Food for Thought
- Cribbage and Other Cards Games
- Art Classes
- Wii Bowling
- Wii Zumba
- Knit, Tat and Chat
- Tai Chi



### Health Screenings

Every month health screenings are performed at the Senior Center! Those health screenings are:

- ✓ Foot care every first Thursday and Friday of each month.
- ✓ Blood pressure screenings every first Thursday of each month.
- ✓ Sugar screenings every first Thursday of each month.

If you are interested in participating in a health screening, please call the office to register!



## Walking Club

The newest club which has been formed is the EWSC Walking Club. Their first meeting was in September and it was decided that the club would meet on two Tuesdays every month at different walking locations. In September, their first walk was held at Arbor Park in Ellington. Two walks were scheduled for October; however, due to Hurricane Sandy, the second walk at the Windsor Locks Canal State Park was cancelled. The club is planning another walk at the Windsor Locks Canal State Park for this upcoming spring. The above picture is members of the Walking Club taken at Wickham Park in Manchester on October 2, 2012. Due to the winter weather, the last outdoor walk took place on November 6, 2012 at Shenipsit State Forest. Once the weather becomes warmer in early spring, outdoor venues will return. Until then, walks will continue to be held but at indoor venues. The second walk in November is scheduled at the Enfield Square. Come join us for a walk!





## NEWS FROM TOWN DEPARTMENTS

### PUBLIC WORKS

#### **Large/Bulky Item Pickup** (up to 3 large items) **Ongoing (Effective 2/1/2011)**

A resident will be able to call All American Waste at 860-289-7850 for a pick up. There is a charge for this large item pick up service (\$50 per item).

**Trash/Recycling Pick-Up 2012** – One-day Delay with Trash and Recycling for May 28, July 4, September 3, and November 22, and December 25. (No delays for January 2, Martin Luther King Day, Presidents' Day, Good Friday, Columbus Day or Veterans' Day.)

**NOTE:** Christmas trees will be picked up during the week 1/9/12 through 1/13/12 on your trash pickup day. Place tree at curbside by 6:00AM on your trash day. Stump end of tree should be facing the road.

Reminder from the Tax Collector, that the second installment on property taxes is due on January 1, 2013. The Tax Collector's Office does not send out bills for the second installment. If you have any questions, please contact the Tax Collector's Office or go to the Town Website!

### HUMAN SERVICES OUTREACH TO THE COMMUNITY

Each year, the East Windsor Department of Human Services reaches out to our loyal neighbors and local businesses for donations in support of our various programs that we offer to our residents in need. Our greatest focus at this time of year is the Thanksgiving and Christmas Holiday Baskets, the Adopt a Family program and the Santa Toy Shop Programs.

We continue to appeal to your community spirit to help us provide a happier holiday for less fortunate residents during these hard economic times. If you would like to donate food, toys or gift items, please contact East Windsor Human Services Department for further details and to coordinate a drop-off time. If you have specific questions about our Holiday Programs or would like to volunteer to assist with in these Programs, please call East Windsor Human Services at (860) 623-2430.

# PHOTO PAGE



(Top) Taken at the State Capital Tour in August – Senator Richard Blumenthal joined the group for a quick photo! (Bottom) Taken at Yukon Jack's Bar and Grill after the Tour of the UCONN Greenhouses – Richard and Yukon Jack himself!



## FOR YOUR INFORMATION

### East Windsor Senior Center

125 Main Street,  
Broad Brook,  
Connecticut

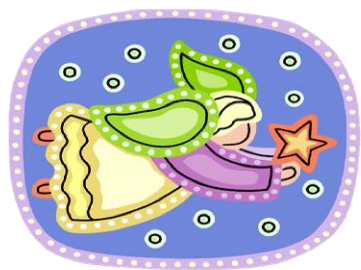
860-292-8262  
(Office)

860-292-8261  
(Teresa)

860-292-8279  
(Janet)

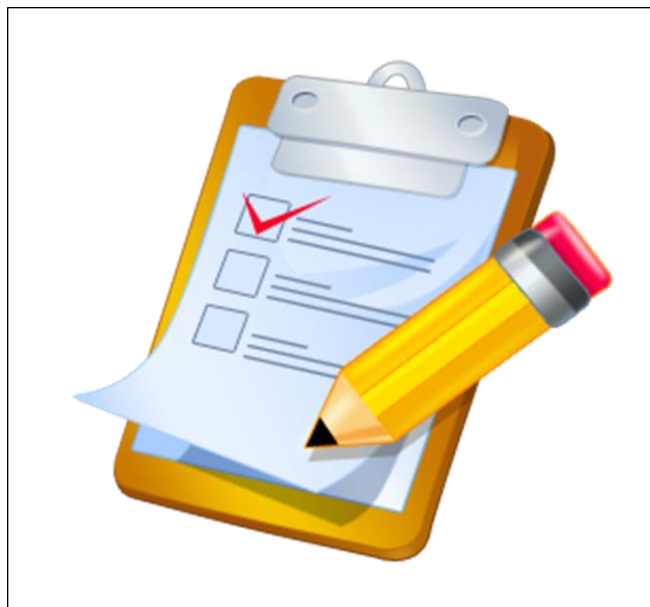
Hours: 8:00 a.m. to  
3:00 p.m.

Monday through  
Friday



Senior Center will be closed on the following dates due to observance of holidays, please mark your calendars!

- ✓ November 22 and 23 – Thanksgiving
- ✓ December 25 – Christmas
- ✓ January 1 – New Year's Day
- ✓ January 21 – MLK Day
- ✓ February 18 – President's Day



The team at the East Windsor Senior Center would like to wish each and every one of you Happy Holidays and a Happy and Healthy New Year!